

REFRAMING ACTIVITY

ADAPTED FROM THE COLORADO COLLABORATIVE PARTNERSHIP. REFRAMING, 2010

Reframe these descriptive terms, changing them from deficits to strengths.

DEFICIT-BASED LANGUAGE	YOU REFRAME THE DESCRIPTION TO BE STRENGTH BASED
LAZY	
PUSHY	
IMPATIENT	
UNCARING	
DEPRESSED	
AGGRESSIVE	
MANIPULATIVE	
WITHDRAWN	

Review the case note and re-write it using an objective perspective and strength-based language.

09/20/2019: I met with Bob Dylan today. It was just the two of us and he seems like he's in really bad shape. He's missed the last two appointments, so I explained to him that if he wanted to keep his housing, he had to come into my office and meet with me. He was 20 minutes late and we talked about how important it is for him to be on-time for his appointments. I think he's been skipping his medication and not complying with his mental health provider. I reminded him that his annual inspection is coming up next week and gave him a checklist of missing information for his annual recertification for housing. He seems to be lazy since he didn't come prepared for the appointment. He doesn't seem to care whether he completes his annual recert and inspection or not. I told him it's his responsibility to comply if he wants to keep his housing. Susie Creamcheese, Housing Case Manager

